Coaching Kids, Inc. (CKI) has been working in prisons in Colorado and other states since 2001 to offer inmates a new way of thinking and an opportunity for real change. In 2010, Life On Purpose was formed in Oklahoma, under the umbrella of CKI. Since then, Life On Purpose (LOP) has trained Oklahoma volunteers who have faithfully assisted Reuel Hunt, CKI Executive Director and Judith Evans, LOP Director in delivering Coaches Training Institute co-active life coach workshops and train-the-trainer workshops in Mabel Bassett Women’s Prison.

Beginning in September 2012, the program expanded. Women offenders, peer facilitators in Mabel Bassett’s Faith and Character Based program, who were part of our training for the last two years, are now delivering the training to new members in that program under the guidance and support of our Life On Purpose volunteer team (Coaching Inside program). In this training, incarcerated women …

* become aware of their impact on others, develop deeper emotional connection and learn healthy boundary setting.
* recognize their intrinsic value and gain the tools and language to make choices in alignment with their values and supportive beliefs.
* develop an increased sense of self-awareness and can identify what actions more fully empower them.
* learn to live intentionally and consciously.

CKI/LOP’s programs are based on the Co-Active Coaching curriculum, taught around the world by the Coaches Training Institute (CTI). Participants learn to listen at different levels, ask powerful questions, identify their personal values, manage self-doubt, approach problems from different perspectives, and evoke transformation.

We need volunteers who are interested in going through the CKI/LOP curriculum themselves and then assist in at least one class at Mabel Basset. For more information, or to volunteer, please contact Emilie Steele Giustozzi (volunteering@life-on-purpose.com).